

# INFINTY FITNESS

## Installation & Administration Guide

Website: <https://gym.putincode.com/> | Project: INFINTY FITNESS 2026 Professional CMS Rebuild

### 1. Package contents

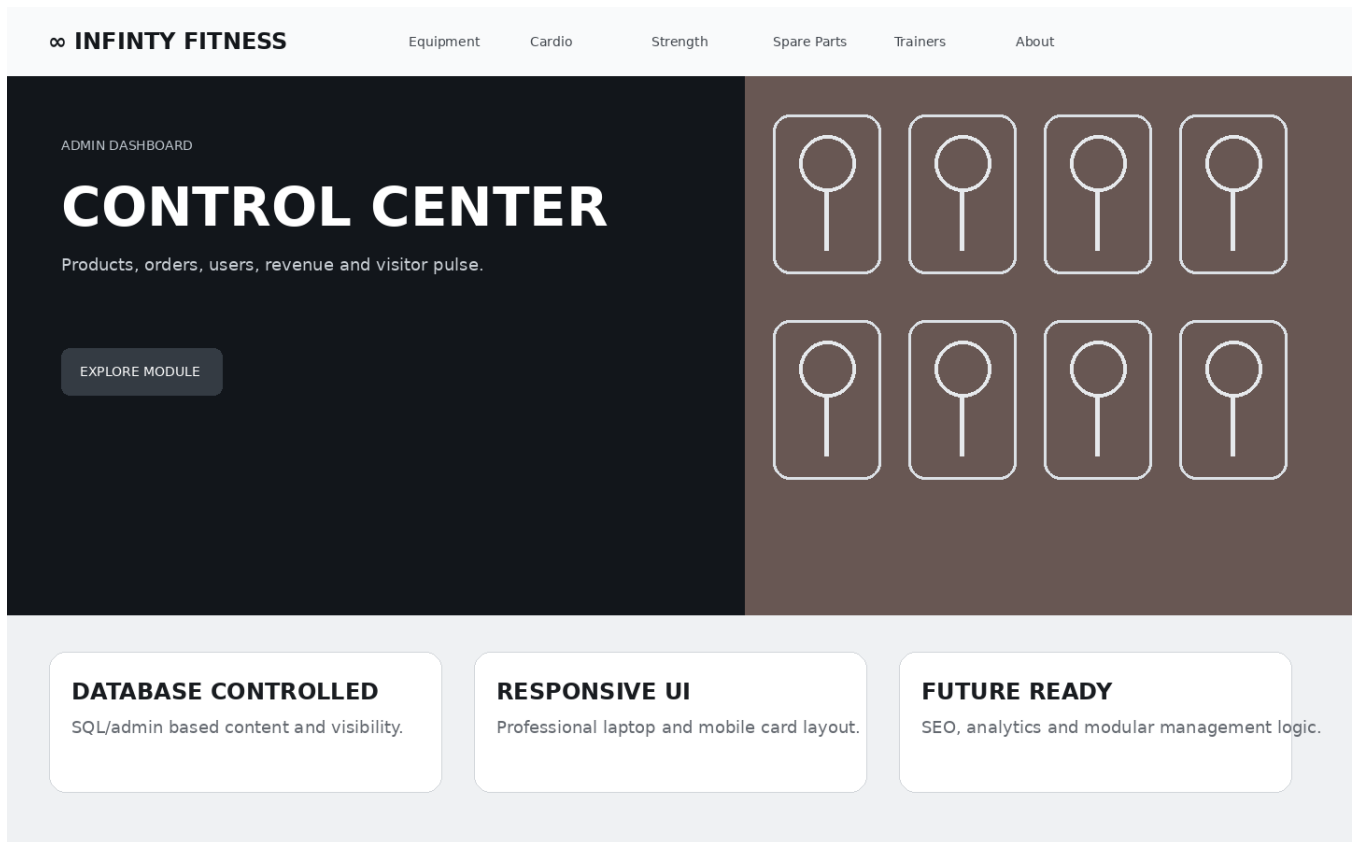
The package contains the full PHP website, database install/update SQL, public storefront, customer account/order flow, administrator control center, page-block CMS, page SEO manager, sitemap generator, visitor analytics, payment configuration and documentation.

### 2. Hostinger installation

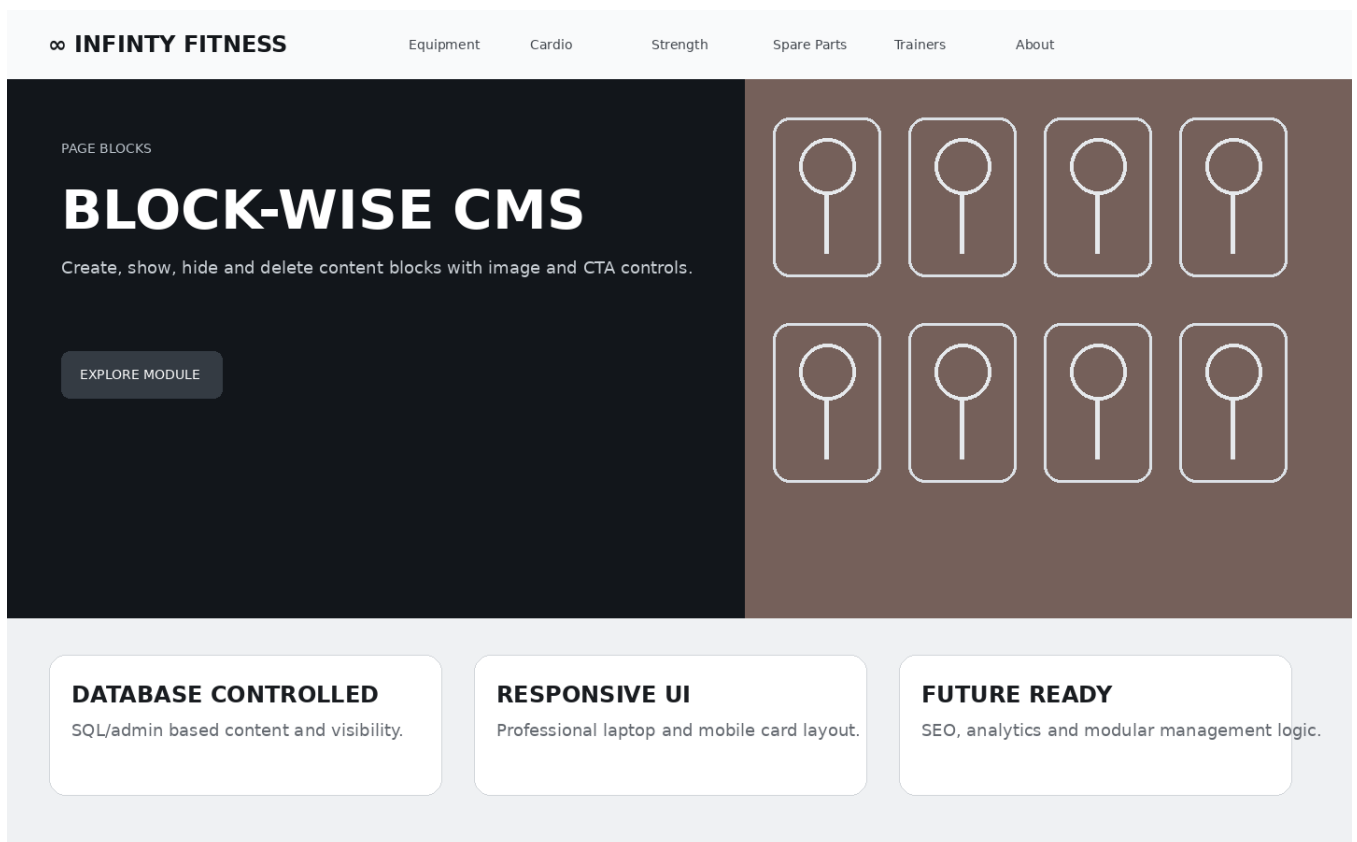
1. Create/select the database `u631869004_gym1` and database user `u631869004_gym1` in Hostinger.
2. Upload the contents of the project ZIP into the document root for `gym.putincode.com` (normally `public_html` or the domain-specific root).
3. Open phpMyAdmin. For a fresh install import `install.sql`. For an existing copy of the old project, import `database_update_2026.sql` instead so existing orders/users/products remain intact.
4. Confirm `config/config.php` has `APP_URL` set to `https://gym.putincode.com` and the correct database credentials.
5. Use PHP 8.0+ if available. The rebuilt PHP avoids PHP-8-only string helpers and is compatible with older common PHP syntax, but PHP 8.1+ is recommended for security/support.
6. Ensure `uploads/` is writable by PHP. On Hostinger, 755 for folders is normally sufficient.
7. Open `/admin/login.php` and sign in. Default SQL admin: `admin@infintyfitness.in` / `Admin@123`. Change the admin password after deployment.

### 3. Admin workflow

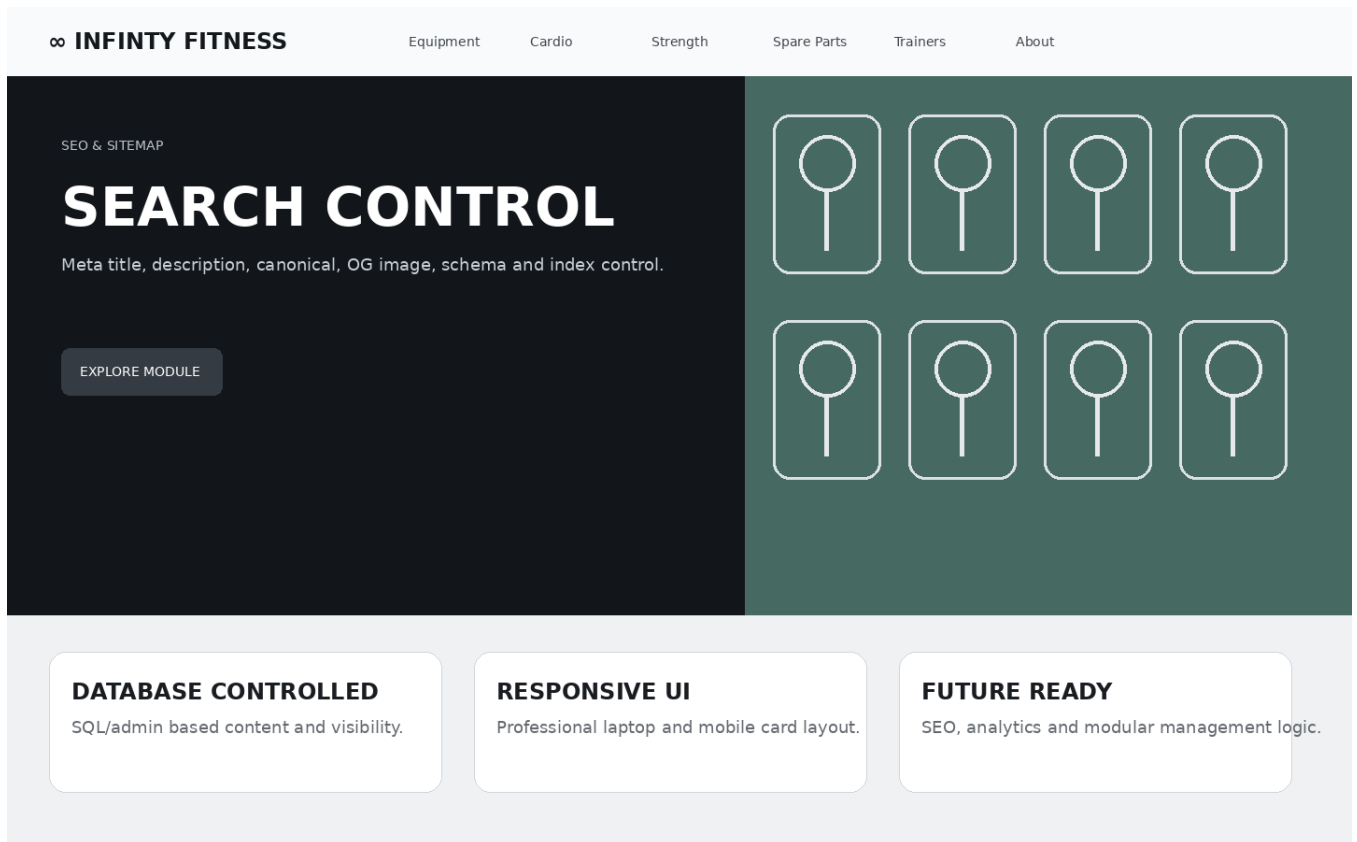
Dashboard shows business and visitor metrics. Products/categories/trainers/payment methods control public content. Users can be edited and login access can be blocked or restored. Page Blocks is the long-form CMS: every block has page slug, eyebrow, title, content, image, CTA, order and show/hide status. SEO & Sitemap controls metadata and indexing. Visitor Analytics shows recent page views and map markers when coordinates are available.



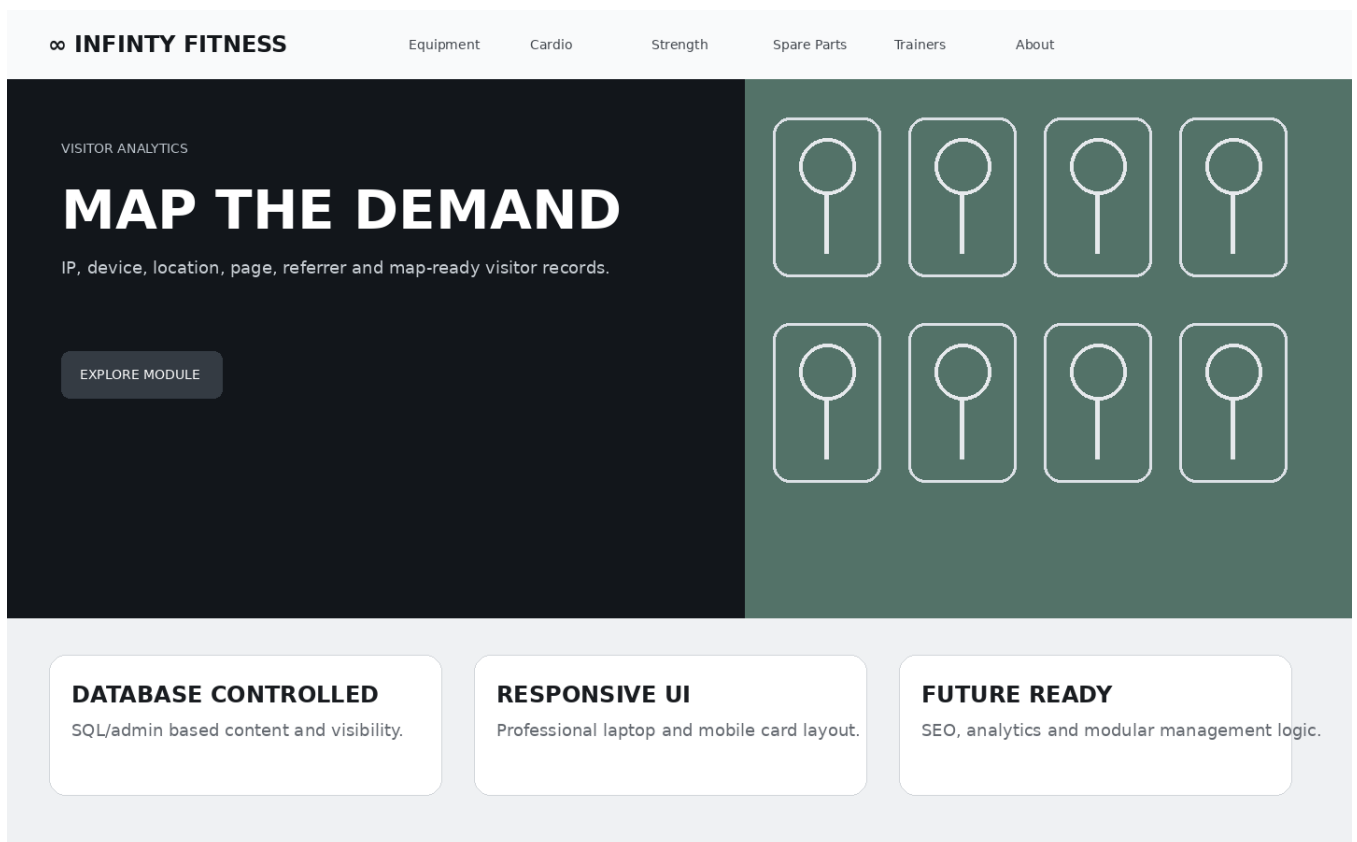
*Admin dashboard preview*



*Block-wise page CMS preview*



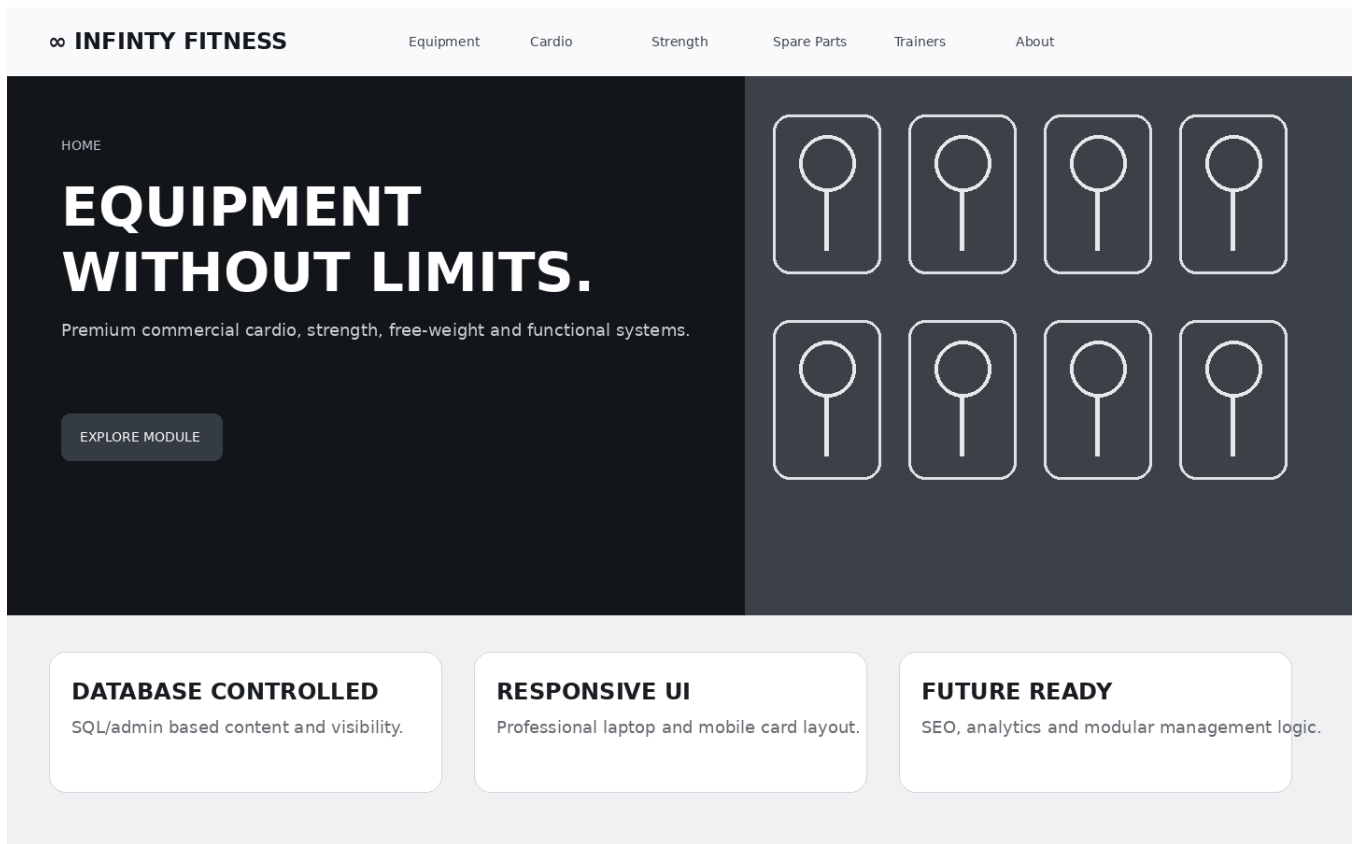
*Page SEO and sitemap controls preview*



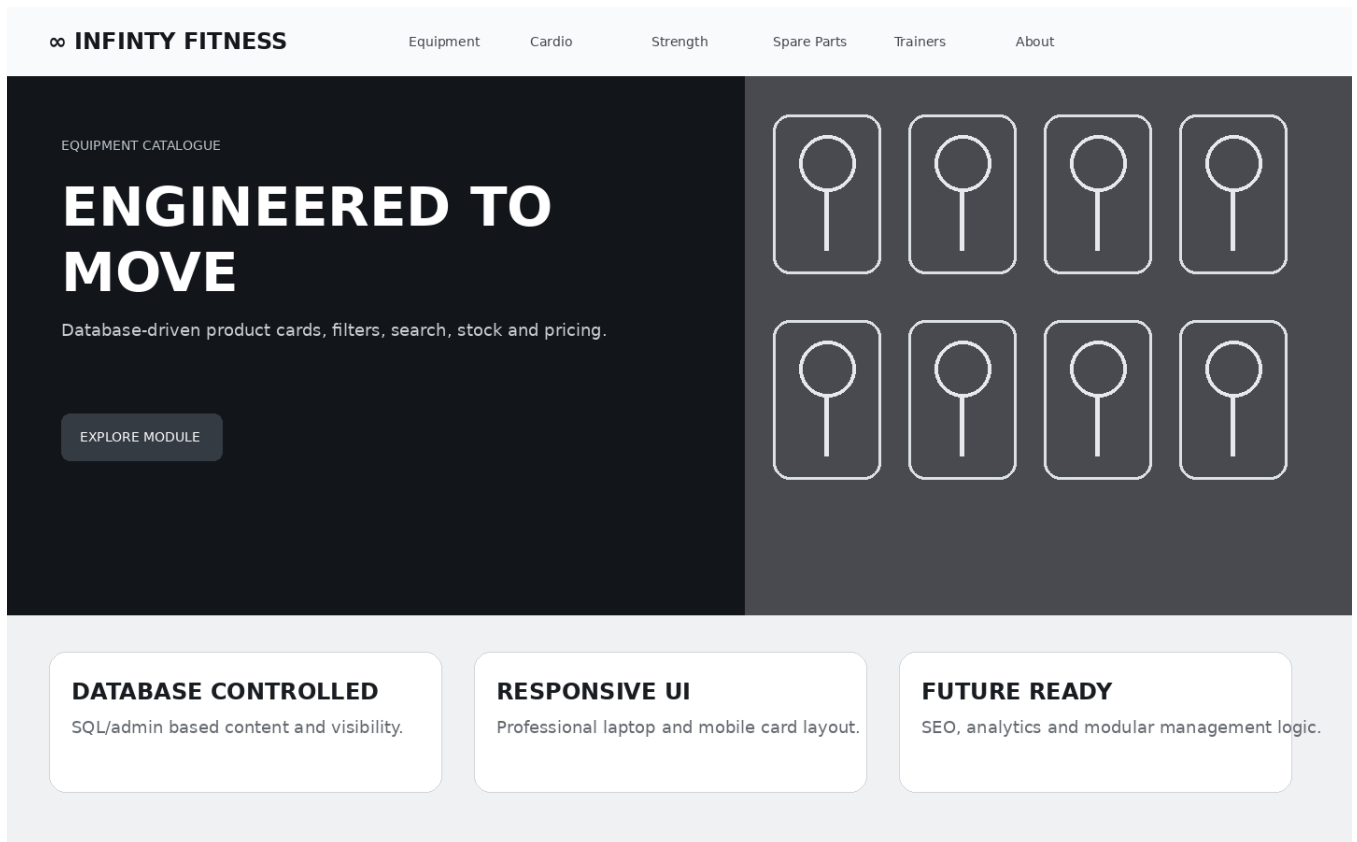
*Visitor analytics and map module preview*

## 4. Public pages

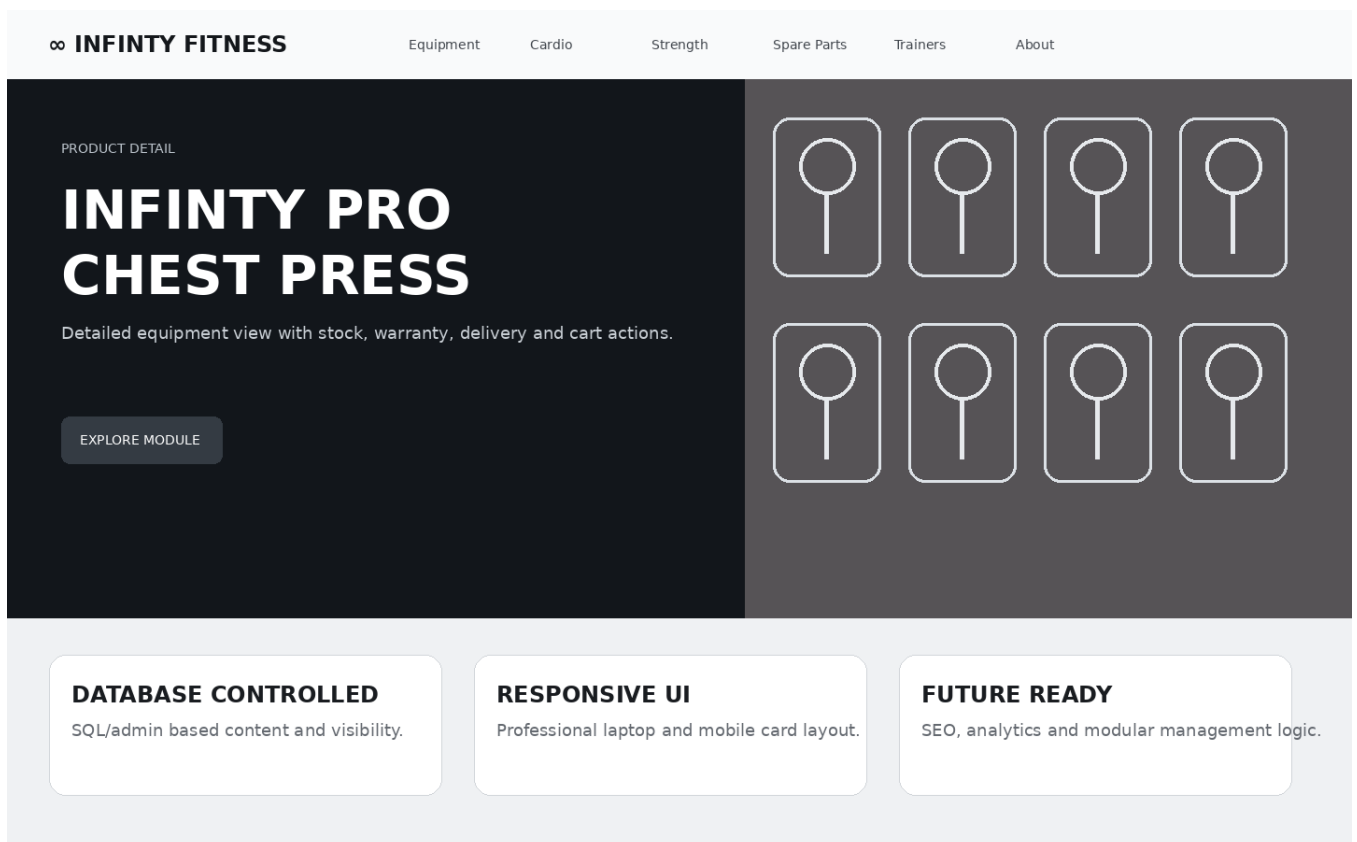
The rebuilt layout centralizes header/footer, supports animated reveal effects, professional responsive cards and database-controlled content. About, Presence and Privacy use long-form modular content blocks with professional gym/business imagery. Product, account and checkout workflows remain database-driven.



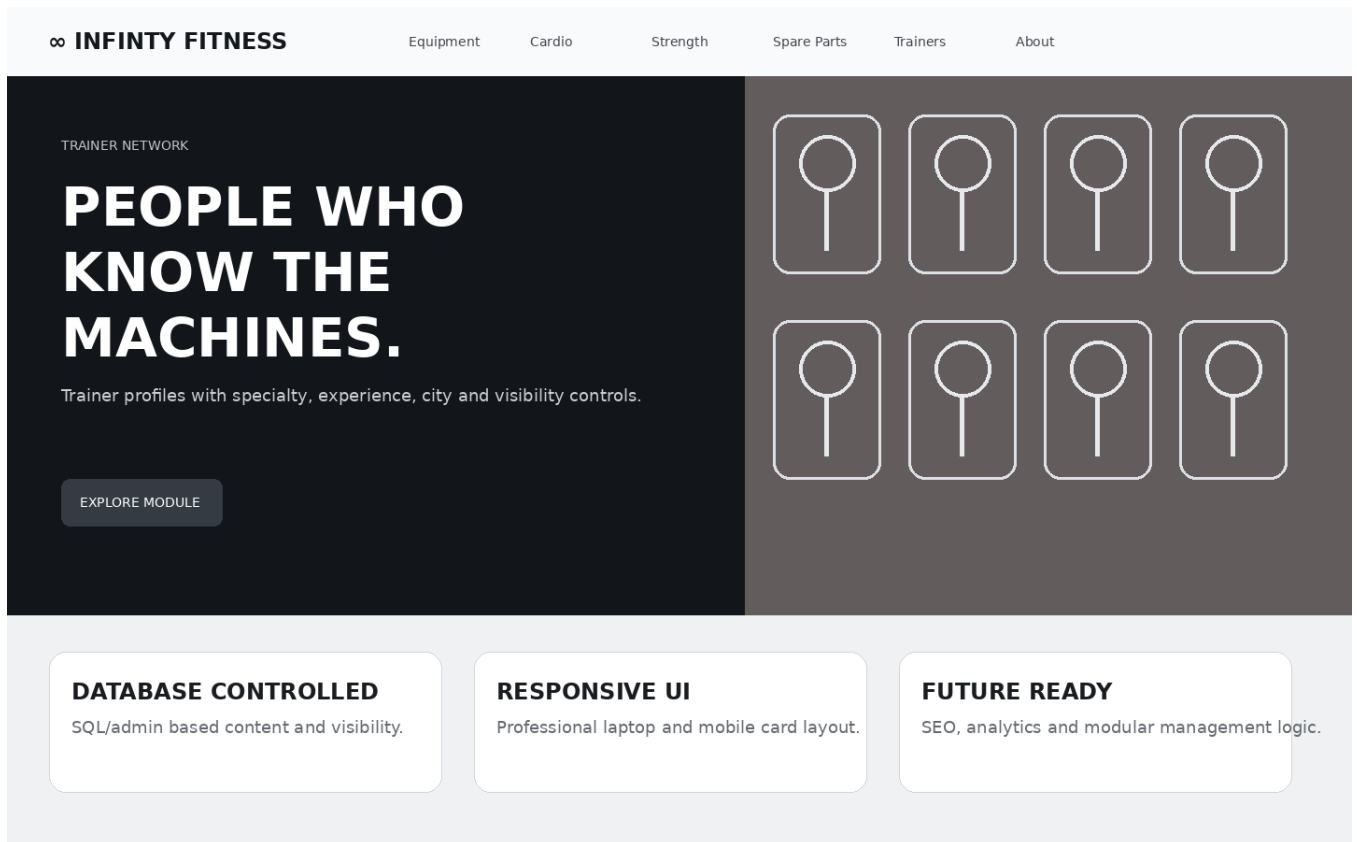
*Home page preview*



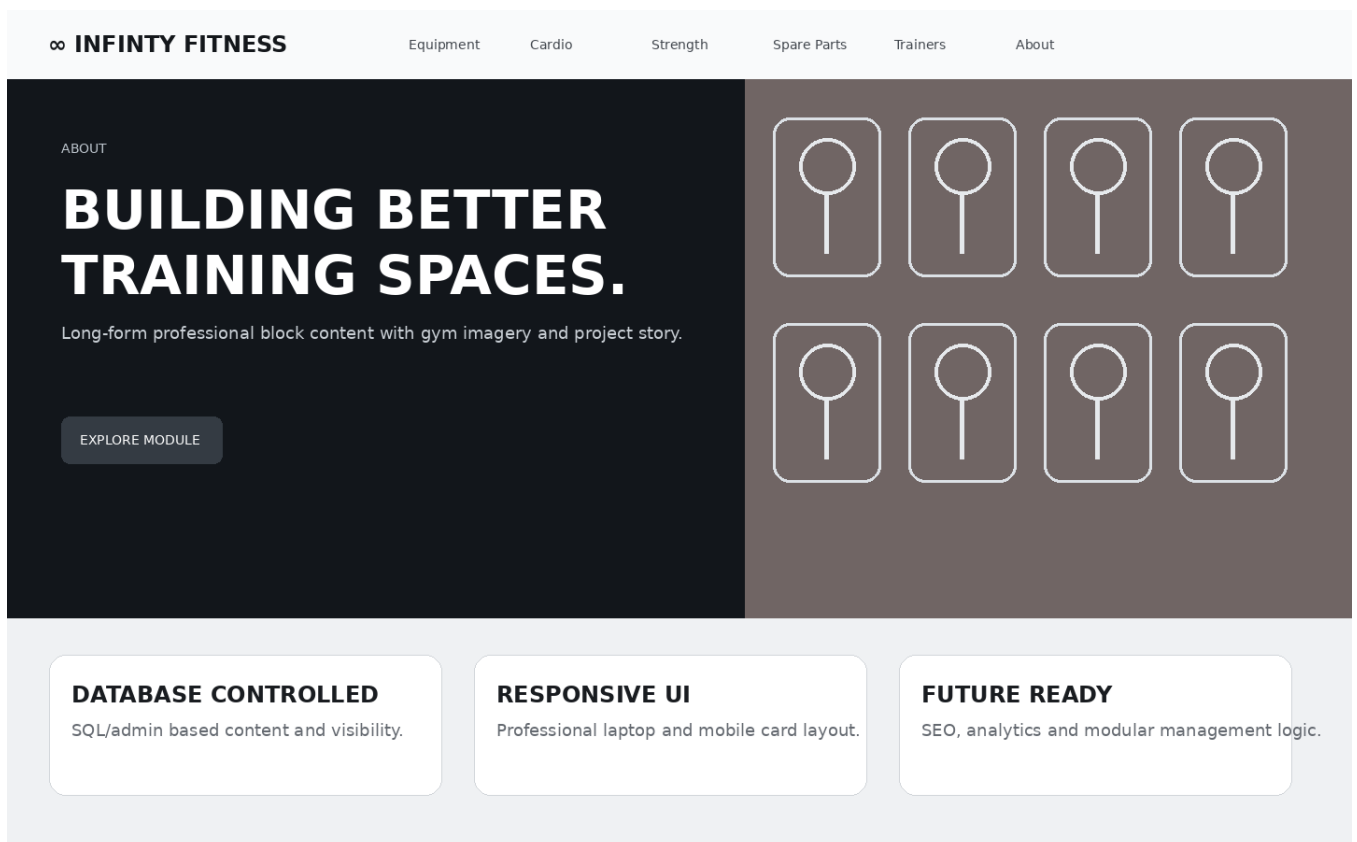
*Equipment catalogue preview*



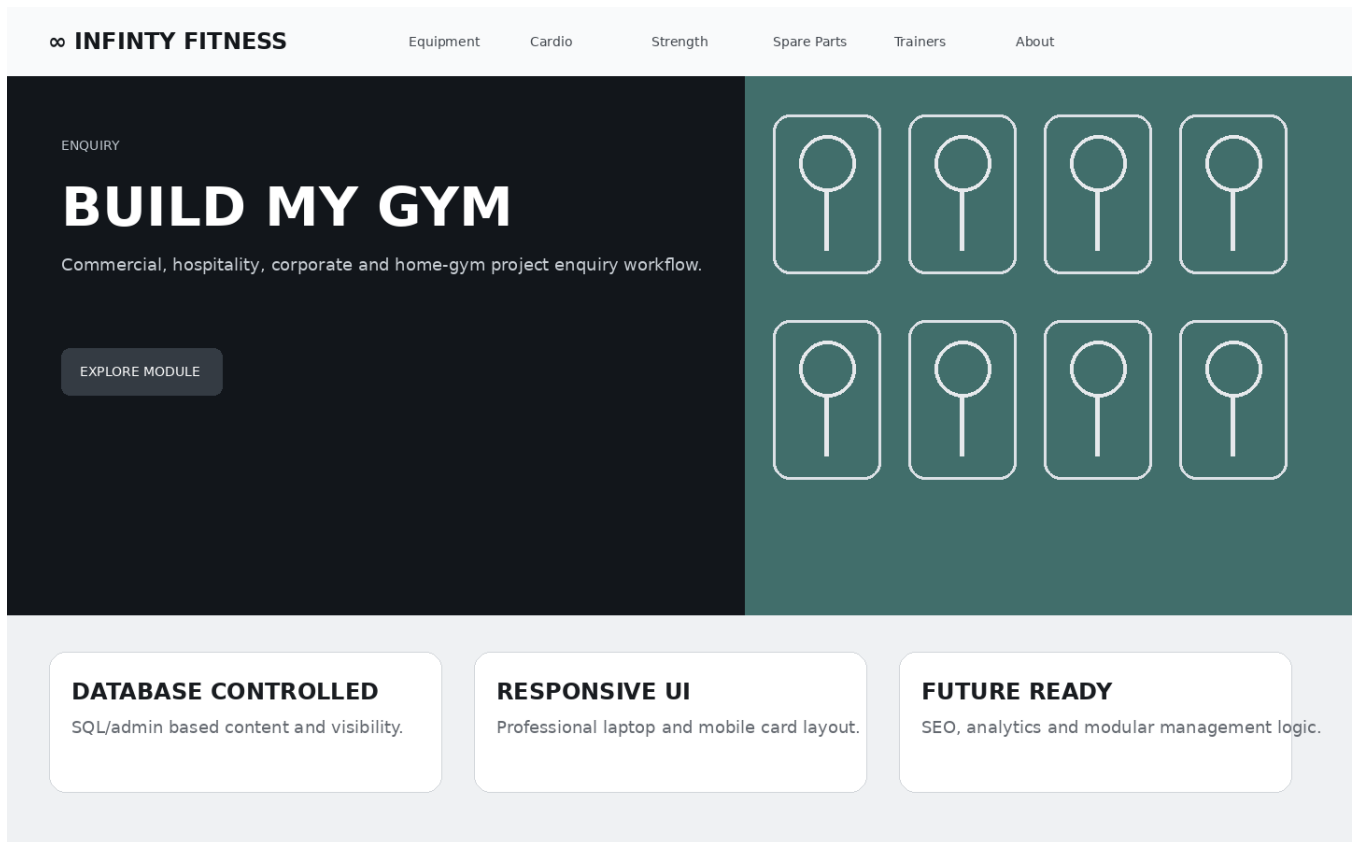
*Product detail preview*



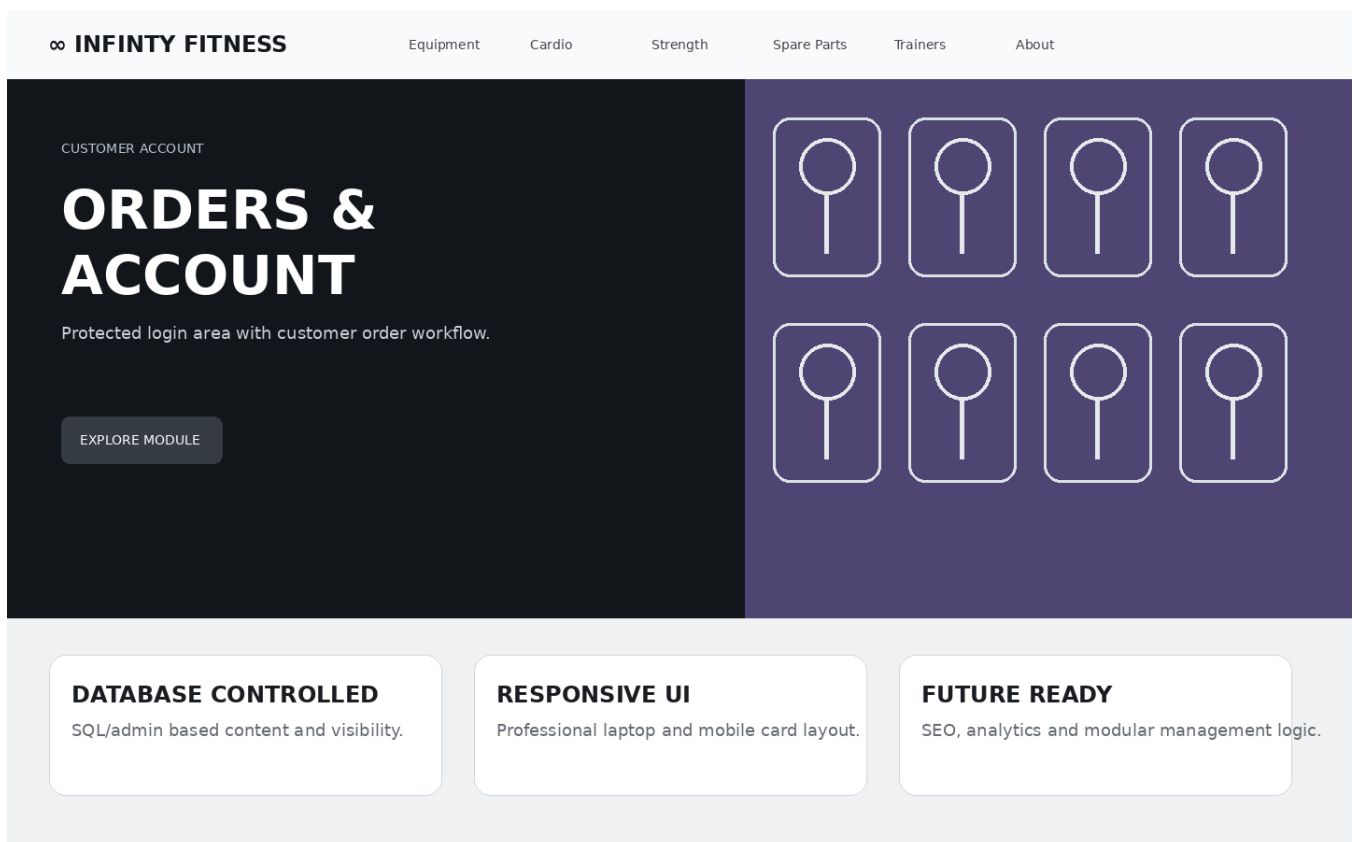
*Trainer network preview*



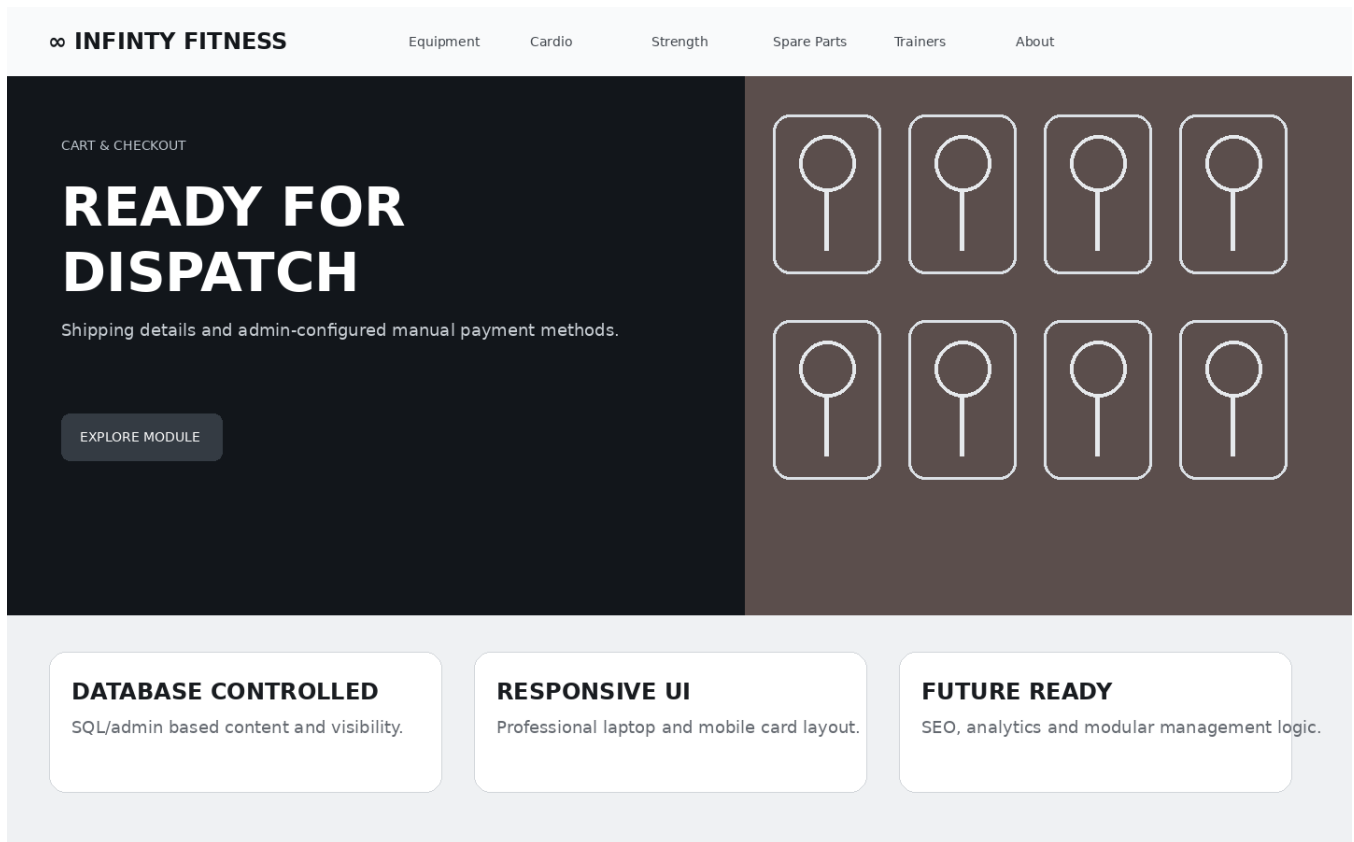
*Long-form About page preview*



*Enquiry page preview*



*Customer account preview*



*Cart and checkout preview*

## 5. SEO and sitemap

Each managed page can store a meta title, meta description, canonical URL, OG image, index/noindex flag and optional JSON-LD schema. sitemap.xml is generated dynamically through sitemap.php and includes active public pages and active product detail URLs. The .htaccess file maps /sitemap.xml to the generator and blocks direct download of SQL/README files.

## 6. Visitor analytics notes

When visitor\_tracking\_enabled is 1, browser page views are sent to api/visit.php. The server stores session ID, IP, user agent, device type, page, title, referrer and approximate geography. The endpoint attempts an IP geolocation lookup and fails gracefully when unavailable. VPNs, mobile networks and proxies can make IP locations approximate. Review privacy/retention requirements before production launch.

## 7. Update vs fresh install

Fresh server: import install.sql. Existing database from the prior project: import database\_update\_2026.sql. The update script creates page\_blocks, page\_seo and visitor\_logs, adds analytics/OG settings and seeds professional content/SEO without dropping the existing order, user, product, payment or trainer tables.

## 8. Troubleshooting

- 500 error: confirm the selected PHP version, database credentials and file permissions; then check Hostinger error logs.
- Database connection error: verify DB\_HOST, DB\_NAME, DB\_USER and DB\_PASS in config/config.php.
- Images not visible: verify external URL access or upload an image through admin.
- Visitor map empty: new visits must first have geolocation coordinates; VPN/local/private IP traffic may not resolve.
- Sitemap 404: ensure Apache mod\_rewrite is enabled and .htaccess was uploaded; sitemap.php itself can be opened directly for testing.
- Blocked user still has an old session: blocking prevents future logins; for immediate session invalidation, log the user out or add server-side status checking to each authenticated request.